

Cheese Pinwheel Sandwiches

Servings: 32

Source: Extension Master Food Volunteer Linda Carlyle

These pinwheel sandwiches use are easy to make and are good for packed lunches, picnics or parties. This is a vegetarian option but any diced vegetable, nuts or meats can be used to make them your own.

INGREDIENTS

4 10-inch flour tortillas
8 oz package cream cheese, softened
1/3 cup mayonnaise
1 cup shredded sharp cheddar cheese
1 cup shredded white cheddar cheese
1 bunch green onions, chopped
1 1/2 teaspoons hot sauce
2 tablespoon sliced almonds
1/2 teaspoon onion powder
1/2 teaspoon garlic powder
1/2 cup diced bell pepper

DIRECTIONS

1. In a large bowl stir together softened cream cheese, mayonnaise, cheddar cheeses, green onions, onion powder, garlic powder, sliced almonds, peppers and hot sauce, combine well.
2. Place a tortilla on a cutting board and spread about 1/2 cup of the cheese mixture on the tortilla.
3. Roll up the tortilla tightly, wrap each in plastic and refrigerate for at least 2 hours.
4. Slice into 1 inch slices.

Nutrients Per Serving:

100 Calories | 7g Fat (3.5g Saturated) | 7g Carbohydrates | 0g Added Sugar | 3g Protein | 170mg Sodium | 0g Fiber