

Caprese Pasta Salad

Servings: 10

Source: Adapted from www.foodiecrush by Extension Master Food Volunteers

This is a fresh side dish using the summer's bounty of cherry tomatoes and basil with a pantry staple of pasta.

INGREDIENTS

16 ounces short pasta
16 ounces mozzarella balls, cut in half
3 cups cherry tomatoes, cut in half
1/2 cup fresh basil, chiffonade
1/3 cup olive oil
3 tablespoons balsamic vinegar
1 garlic clove, minced
1 teaspoon salt
1 teaspoon ground black pepper

DIRECTIONS

1. Cook pasta according to package directions, allow to cool.
2. In a bowl, gently mix cherry tomatoes, mozzarella balls, basil and pasta.
3. In a small bowl, whisk together oil, vinegar, garlic, salt and pepper. Pour over pasta and toss to coat.

Nutrients Per Serving:

400 Calories | 23g Fat (8g Saturated) | 35g Carbohydrates | 0g Added Sugar | 14g Protein | 260mg Sodium | 1g Fiber