















RICE KRISPIE TREATS (page 1)

STEPS	INGREDIENTS	PROCEDURES
1	 3 tablespoons butter  wooden spoon  1 (8 oz.) bag miniature marshmallows or 4 cups miniature marshmallows  measuring spoons & cups  glass bowl	<p>Spray a rectangle pan with cooking spray.</p>  <p>Microwave butter on HIGH 30 seconds in a glass bowl until melted. Stir.</p>  <p>Add marshmallows; toss to coat with melted butter. Microwave 1 to 1.5 minutes or until marshmallows are melted and mixture is very smooth.</p> 

RICE KRISPIE TREATS (page 2)

STEPS	INGREDIENTS	PROCEDURES
<p style="font-size: 2em; text-align: center;">2</p>	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;">6 cups rice cereal</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;">marshmallow mixture</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;">rectangle pan</div> </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 10px;">cooking spray</div> </div> </div>	<p>Add cereal to marshmallows and stir until coated.</p> <div style="text-align: center; margin: 10px 0;">  </div> <p>Pat mixture into pan using wet hands.</p> <div style="text-align: center; margin: 10px 0;">  </div> <p style="text-align: center;">Refrigerate.</p>

Nutrition Facts

16 servings per container	
Serving size	1 square
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Amount per serving	
Calories	100
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 70mg	3%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 8g Added Sugars	16%
Protein 1g	
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Vitamin D 1mcg	6%
Calcium 2mg	0%
Iron 3mg	15%
Potassium 15mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.