Aging in Place
Home Modifications
Joy Miller
Extension Agent
Family and Community Wellness

Aging in Place
Physical Disabilities
- Hearing
- Vision
- Sense of touch and dexterity
- Strength and range of motion
- Mobility and agility
- Balance and coordination

Why is Home Modification Important?
1. Make Life Easier and Better
2. Home Safety
3. Cost Effective
4. More Care Being Given at Home

Common Areas
Entryways  Bathrooms  Stairways
Home Modification Checklist

- **Remove**
- **Enhance**
- **Modify**
- **Accessorize**
- **Install**
- **Notice**

Remove
Enhance
Modify
Accessorize
Install
Notice

- Clutter
- Furniture
- Tripping Hazards
- Electrical Cords
- Heavier and frequently used items

Remove
Enhance
Modify
Accessorize
Install
Notice
• Safety at night
• Navigation
• Bathing Safety

Remove
Enhance
Modify
Accessorize
Install
Notice

• Toilet, bath tubs, showers
• Light switches
• Door and faucet handles
• Doorways

Remove
Enhance
Modify
Accessorize
Install
Notice
Modify
Accessorize
Install
Notice

Remove
Enhance
Modify
Accessorize
Install
Notice

- Emergency alert system
- Bell on a small dog or cat
- Added seating for dressing and cooking prep
- Smart home device

Remove
Enhance
Modify
Accessorize
Install
Notice

- Handrails
- Grab bars
- Anti-scald device
Who can help?

Johnson County Area Agency on Aging
Publication
Website: jocogov.org/department/aging-and-human-services/johnson-county-area-agency-aging/area-agency-aging-publications

Who can help?

Website: thrivehomesllc.com
Who can help?

Johnson County Housing Services
HOME Program
Website: jocogov.org/department/housing-services

Who can help?

The Whole Person

- Home Modification Program
  Website: thewholeperson.org/other-services/home-modifications
  Phone: 913-871-4188

Who can help?

U.S. Department of Veterans Affairs (VA)
- Home Improvements and Structural Alterations (HISA) Program
- Specially Adapted Housing (SAH) and Special Housing Adaptation (SHA) Grants
- Temporary Residence Adaptation (TRA) Grants

Education: Publications and Checklists

Simple Home Modification for Aging in Place Fact Sheet

Falling Less in Kansas (Falling LinKS)
https://www.Wichita.edu/academics/academic_affairs/ria/research.php

Home Safety Checklist
https://extension.uga.edu/publications/detail.html?number=B1429

University of Southern California Leonard Davis School of Gerontology
Fall Prevention Center of Excellence and the National Resource Center on Home Modification
https://homemods.org
Education: Publications and Checklists

Simple Home Modification for Aging in Place Fact Sheet

Falling Less in Kansas (Falling LinKS)
https://www.Wichita.edu/acadmeics/academic_affairs/ria/research.php
#falling-links

Home Safety Checklist
https://extension.uga.edu/publications/detail.html?number=B1429

University of Southern California Leonard Davis School of Gerontology Fall Prevention Center of Excellence and the National Resource Center on Home Modification
https://homemods.org

THANK YOU!

Joy Miller
Family and Community Wellness Extension Agent
Johnson County K-State Research and Extension
joy.miller@jocogov.org 913-715-7000
www.johnson.k-state.edu