Ham and Gouda Sandwich with Apples and Honey Mustard

Yield: 10 servings

This ham and gouda sandwich is served on a fiber rich multigrain bread and topped with crunchy apples and sweet honey mustard. Other cheeses may be substituted based on your preference like Havarti or Swiss.

Ingredients
20 slices multigrain seeded bread
10 slices Gouda cheese
40 teaspoons honey mustard
1 pound thin sliced uncurled ham
1 granny smith apple

Directions
1. Core apple with an apple corer/slicer that has 10 wedges. Slice each wedge into 4 more slices.
2. Prepare sandwich by taking 1 slice bread, 1 slice Havarti cheese, 2 teaspoons honey mustard, 4 slices ham, 4 slices apple, and topping with 1 slice bread.
3. Slice diagonally, skewer each half with a toothpick, and serve.