

# BREAKFAST PIZZA

Serves : 4

## INGREDIENTS



crescent roll sheet



1/2 lb turkey sausage



1/2-1 cup shredded hash browns



1/2 -1 cup grated cheese



cooking spray



4 eggs



1/3 cup milk

## EQUIPMENT



electric skillet



spatula



small jelly roll pan



4 cup measure



measuring cup



whisk



1. Spray pan with cooking spray.



2. Preheat oven 350°



3. Unroll the crescent roll dough & press into pan,



4. In a large skillet, brown the sausage. Drain grease if necessary.



5. Sprinkle sausage, cheese & hash brown on top of the crescent dough crust.





6. In a large liquid measuring cup, mix together milk, egg, & pepper using a whisk,



7. Pour egg mixture over pizza.



8. Bake in oven at 350 ° for 25-30 minutes.

## Nutrition Facts

8 servings per container

**Serving size** 1 slice (115g)

Amount per serving

**Calories** **280**

% Daily Value\*

**Total Fat** 18g **23%**

Saturated Fat 6g **30%**

Trans Fat 0g

**Cholesterol** 170mg **57%**

**Sodium** 540mg **23%**

**Total Carbohydrate** 15g **5%**

Dietary Fiber 0g **0%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

**Protein** 13g

Vitamin D 0mcg **0%**

Calcium 132mg **10%**

Iron 1mg **6%**

Potassium 121mg **2%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.