

# 4-H at Home: Origami Art

## Background Information

Origami is a Japanese word that combines *ori* (folding) and *kami* (paper) to describe the art of paper folding. Typically, origami is made from a single, square paper but modern-day versions can utilize multiple sheets and/or cuts and tape for more intricate designs.

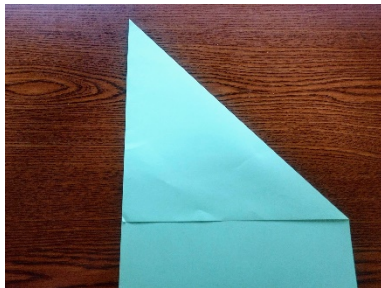
Origami is a popular pass time for Japanese youth and families and it is an important part in their culture. A legend states that a gift of 1,000 cranes will grant a wish, often made for good health, friendship, and happiness.



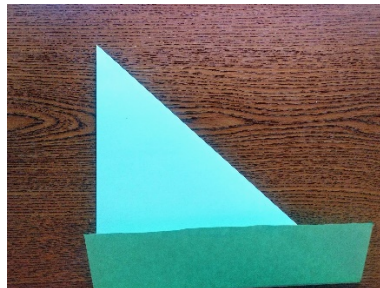
## Do

### Origami Paper:

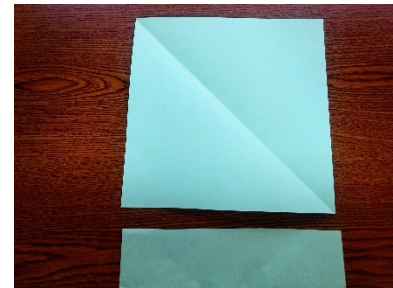
If you don't have origami paper, you can easily make one from a 8.5x11 paper.



Fold the top edge align with the left edge.



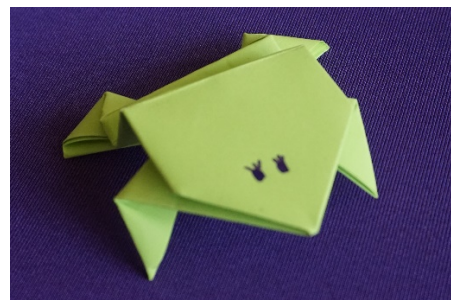
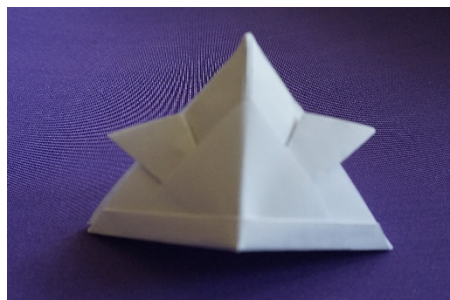
Fold the bottom up to create a crease.



Cut along the bottom crease for a square sheet on top.

### Origami Instructions:

Find the video instructions [here](#) on how to make a samurai hat and/or a jumping frog.



## Reflect

- What parts of the process was easy? What parts were tricky?
- If you were to fold 1,000 paper cranes, what might you wish for?
- What other things might you be interested in folding?

## Apply

- Did you have any challenging moments during this project? How did you overcome it?
- What did you learn about yourself during this process?
- How can you use this information in the future?
- What would you do differently if you conducted this activity again?